

TO: International Primal Association Members and Friends
FROM: Dianne Arman

SUBJECT: Mini-Retreat at The Woods Place, Feb. 17-19, 2017

Please plan on arriving at The Woods Place on Thursday evening, February 16, 2017, for the Mini-Retreat. Let me know if you will arrive in time for dinner at 7 pm.

The IPA rates are still low thanks to the generosity of the Anthony E. Weymouth Foundation Board. Individual cost is \$15/night plus a contribution for meals.

This Retreat will be informal with optional workshops along with men's/women's group, peer group, and emotional release work led by an experienced IPA member.

There will be time for walks in the woods, cozying up to the wood stove, and napping.

For more information or to register, contact me at 877-PRIMALS or diannearman@gmail.com

2017 Calendar: Spring Retreat, May 3-7, 2017
IPA Convention, Retreat and Training, Aug. 24-30, 2017

