



### Welcome!

Please join us at a venue new for the IPA, the Pearlstone Center, for the 41<sup>st</sup> Annual IPA Convention and Retreat titled: *Reinvigorating Our Primal Processes ~ Welcome Janov Associates*. This year we are emphasizing the sharing and teaching of ways to improve, to accelerate, to add to, and to deepen our primal processes. Come share your experience and knowledge with others as we journey together during this week.

Denise Kline, Gary Bradley, Sandy Weymouth, Thayer White  
2013 Convention Committee

The International Primal Association invites you to attend our summer 2013 convention and retreat titled:

# Reinvigorating Our Primal Processes

~  
Welcome Janov Associates

Two associates from Arthur Janov's Primal Center will be our keynote speakers on Saturday, August 24<sup>th</sup>.



Monday August 19<sup>th</sup> to Sunday Aug 25<sup>th</sup> 2013  
Pearlstone Center ~ Reisterstown Maryland

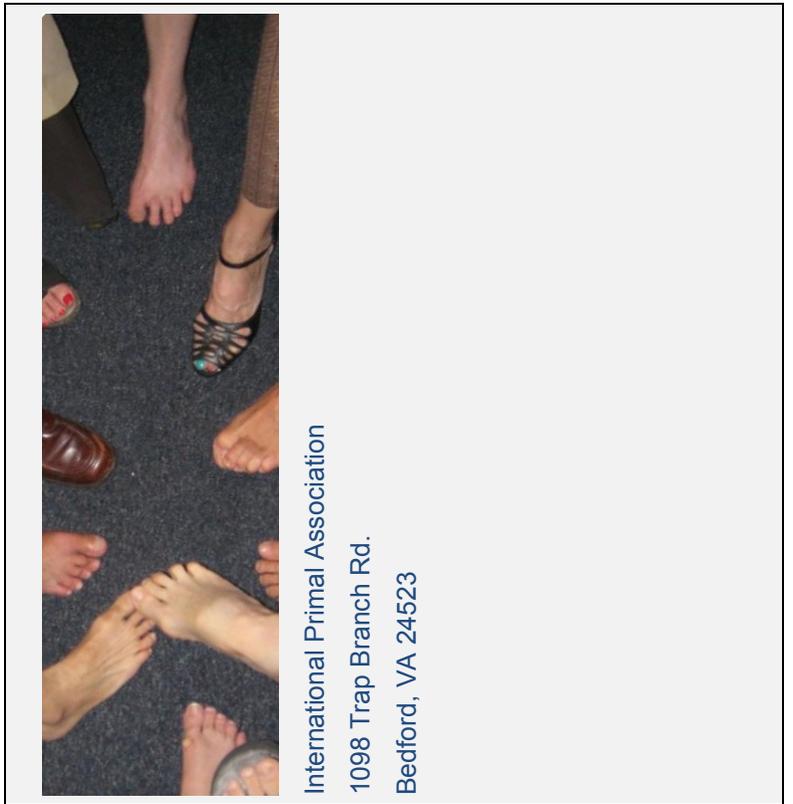
Buffet at the Pearlstone Center ~ "Excellent Kosher Food"



The Pearlstone Center <http://www.pearlstonecenter.org> is a modern conference center in a rural setting with plenty of space for meetings and comfortable sleeping accommodations. While we will not be allowed to bring our own food or drink into the conference section of Pearlstone because they are strictly kosher, we will have in that section, for free: non-stop water, coffee, tea and juice as well as two snacks a day and our three meals. Basic sleeping accommodations for us will be in the Family/Teen Center and in the cabins; hotel-style rooms are also available on site for an additional fee.

**Where Is the Pearlstone Center?** 30 miles northwest of Baltimore MD.  
5425 Mt. Gilead Road, Reisterstown, MD. 21136

**Driving Directions:** From the Baltimore Beltway (I- 695), take Exit 19 on to the Northwest Expressway (I-795). Exit after 9 miles at Exit 9A from the left hand lane on to feeder for Route 30. At second stop light, (after 3/10 mile), turn left on to Route 30. After just under 3 miles, turn left on to Mt. Gilead Rd. When you round a curve to reach a stop sign, follow the sign that points to Camp Milldale and Pearlstone, driving between the cemetery and the mailboxes visible from that stop sign. Follow the road until you see the parking lot and a Pearlstone sign on the right. Park in that lot and walk into the Conference Building. If you have luggage, you may register first and drive to your room before parking.



International Primal Association  
1098 Trap Branch Rd.  
Bedford, VA 24523

### Traditional IPA Favorites!

- Movement & Yoga.** Greet the day right, then have breakfast.
- Sandplay.** Let the figures you place in your sand tray reveal you.
- Massage & Mind-Bodywork.** Rehab your body—and mind; there is a charge, it's worth it.
- Women's and Men's Groups.** Daily sharing and support, starts Tuesday.
- Mat Track.** Release your deep feelings in group, with a buddy or by yourself, every day, starts Tuesday.
- Community Meeting.** After dinner, anything, everything, every body.
- Peer Groups.** Meet with yours every evening, starts Tuesday.
- Cabaret.** Talent show Friday night. You're on!
- Gala ball.** Saturday night, you've got it, so shake it! DJ Gene Long.
- Jam Session.** Every night, bring musical instruments, join the harmony.





**NEW ! Free Massage** Every evening at community meeting, there will be a random drawing for two free ½ hour massages, to be given by our massage team: **Jan Owens, Randy Goldberg, and Walter Loeb.**

**RENEW ! Community Building Monday Night and Beyond** Comments from last year ~ “loved it” “a major reason for conference success.” This will be a fun experiential time to be led again by **Thayer White**, who is also planning exercises for those arriving later in the week.

**WELCOME NEWCOMERS ! Peer Mentoring** will help you become acquainted and comfortable with us, coordinated by **Anna Puleo**. At **Tuesday Newcomers’ Lunch**, meet everyone else who is new, hosted by **Denise Kline** and **Sandy Weymouth**.

### MORE PRESENTATIONS & WORKSHOPS

*Two Life Savers, Primal Therapy & the Twelve Steps:* **Tom Rose** returns to us after an absence of many years from the IPA to discuss how primal therapy and the Twelve Steps lead to release from the bondage of what others did to us and how we responded.

**Barbara Bryan, MA LLMSW**, will offer two workshops: 1. *Primal Joy and Its Role in the Primal Process* (It’s not just about rage, terror and need; joy is also valuable) and 2. *Training in Primal Buddying and Peer Facilitation*, which will include talk about guidelines and suggestions for ways to promote safety, trust and effectiveness.

*Family Constellations Therapy:* **Randy Goldberg**, graduate of the Hellinger Institute says, “This work helps you realign your family systems, so that ancestral love flows and supports your current well being.”

*Primal Lies:* **Thayer White, MA MFT**, will share his 40-plus years of observation of the common ways he has seen primal folks lie to themselves about both their primal processes and their healing progress.

**Julie Eliason** will offer two art-related workshops: 1. *Creativity and Our Primal Process* and 2. *Surviving Post Traumatic Stress Using Art*. There will be hands-on experiences to help you incorporate Julie’s ideas.

Many more, including: **Robert Johnson** will discuss circumcision and primal, **Dianne Arman** will offer *Experimenting with New Behavior*, and **Art Brown** will again offer his very successful *Primal and the Craft of Acting*.



## KEYNOTE



A two-person team, **Morey French** and **Agustin Gurza**, will be our keynote speakers on Saturday afternoon, August 24, 2013. Morey has been a therapist at the Janovs’ Primal Center since 1999. In her presentation to us, she will offer her perspectives on *Mock*

*Primal*. **Agustin**, as the biographer of Arthur Janov, will share some of what he has learned from extensive interviewing of Dr. Janov. This team has decades of high-quality primal experience to offer us.



## FEATURED PRESENTATIONS

*The Terrible Twins - Primal and Transpersonal* will be a one hour talk by **John Rowan, PhD**, practicing UK psychotherapist and author most known for his book, *Ordinary Ecstasy*. This talk will be followed by a 3 hour workshop: *Introducing the Transpersonal, the Spiritual Quadrant of Primal Integration*.

**Dave Paxson, RCST MBA**, will offer two discussions: 1. *How Biodynamic Craniosacral Therapy Helps Clients* to connect to older issues and patterns from their childhoods and 2. Information about his new writing project containing reviews and interviews about *Healing and Prevention in the Primal Period*.

*Becoming Superhuman:* **Wayne Carr, PhD**, will teach us how to see and feel ourselves in new ways through core expression, non-local consciousness and meditation, also how to practice always COMING FROM higher “states” of being (rather than just briefly touching upon, or just believing something about such states).

**Laurie Schwartz, MS LMHC**, and **Stuart Friedman, MS LMHC**, will facilitate two special workshops: 1. *A Hakomi-Based Internal and External Support Workshop* exploring mindfulness and the core self and 2. An enriching experience for us of moving to and singing with African Drumming Rhythms to support embodiment and collaboration within community.

## FEES & REGISTRATION

Income	Daily, paid by July 31	Daily, after July 31	All six days, by July 31	All six days, after July 31
Up to \$15,000	\$70	\$75	\$360	\$390
\$15k - \$30,000	\$95	\$100	\$480	\$520
\$30k - \$50,000	\$125	\$135	\$640	\$685
\$50k - \$85,000	\$155	\$165	\$795	\$855
\$85k and above	\$175	\$185	\$895	\$955

\$10/day extra for non-members. For double occupancy with 2 queen beds, add \$30/night/per person. For single, add \$60 per night. Day rate with no overnight stay is \$75.

To pay online (PayPal membership **not** required), please go to <http://www.primals.org/pay.html>~ To pay by check or credit card and snail mail, please fill out the below form.

Name \_\_\_\_\_ IPA member? \_\_\_\_\_

Address \_\_\_\_\_ New address? \_\_\_\_\_

State/Prov. \_\_\_\_\_ Zip/postal code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Circle Days Attending: Mo Tu We Th Fr Sa Su

Arrival day first meal: Br Lun Din Departure day last meal: Br Lun Din

Special food requirements, e.g. allergies, vegan, etc.:

\_\_\_\_\_

"Private" \_\_\_\_\_ "Share with" \_\_\_\_\_

"Person #1: no. days staying \_\_\_\_\_ fee \$ \_\_\_\_\_

"Person #2: no. days staying \_\_\_\_\_ fee \$ \_\_\_\_\_

Help for the IPA \$ \_\_\_\_\_

**TOTAL \$** \_\_\_\_\_

Credit card# \_\_\_\_\_ Exp date \_\_\_\_\_

Send form and payment to: **Warren Davis, IPA Treasurer, 5539 Columbia Pike #816, Arlington, VA 22204.** (For online PayPal payment, please see directions above.)

